

GSACC Meeting

October 8, 2018

Meeting started: 7:04pm

Readings:

CoDA Welcome – Michelle

CoDA Preamble – Don

CoDA 12 Steps – Lisa

CoDA 12 Traditions – Elizabeth

Check-in:

Joyce: Monday Rocklin-Loomis; “Going strong.” Step study has 5-6 members.

Jo Ann: GSACC Secretary; attends Wed Sacto group

Lisa: GSACC Webmaster; Wednesday Sacto group: Group “going strong”. New Friday Carmichael group: Had 4 members last week. Changed group time to 6:30-7:30.

Keir: GSACC Treasurer, Saturday Sacto Web Contact; attends Sat & Wed Sacto groups

Dave: GSACC Chair; Monday Mens group: Had 10 people last week, lots of newcomers. Need service positions filled. Will be donating up to Nor-Cal and World Co-DA.

Michelle: Monday Folsom: Will have a new group rep at some point. Have regular business meetings now. Is a “healthy meeting”.

Don: Sunday Heritage Oaks: Have 3 service positions open. Is a "large group" Need to update group contact information on Co-DA.org.

Elizabeth: Attends Sunday Sacto meeting.

Previous meeting minutes:

September minutes read. One amendment suggested regarding the Monday Folsom meeting. Minutes approved with amendment.

Action: Minutes to be filed in Secretary binder.

Treasurer’s report:

Treasurer provided update on expenses. Received 7th Tradition donations from Fresno and Susanville. Treasurer questioned the expense for Green Geeks services. Webmaster believes the amount charged is for 3 years, though will confirm this and what their services entail. Webmaster will also ask Green Geeks for the analytics of the hit rate.

Action: Webmaster will contact Green Geeks for more detailed information on services provided and ask about analytics. Will report on this issue at November meeting.

Treasurer report approved and will be filed in Secretary binder.

Old business:

1. Website update:

a. Webmaster is keeping GSACC website updated with any Co-DA activities; has included a link to Co-DA World conference.

2. Membership/ Outreach:

GSACC Meeting

a. Committee has made contact with several local medical facilities. Would like to be able to provide “What is CoDA” and “Codependency for Professionals” pamphlets.

Proposal was suggested to take half of the remaining 2018 group scholarship monies and give this amount (\$300) to the outreach committee. This proposal was approved.

Committee will work on compiling a list of the group contacts for all GSACC meetings.

Action: Outreach budget of \$300 was approved. Will work on compiling an accurate list of GSACC group contacts.

Information only: Kaiser facility on Watt (near Marconi) would love to have the Newcomer meeting started up again. It was suggested to disseminate this information to all groups to possibly find a group facilitator volunteer.

3. January Mini conference:

a. Date: Saturday, January 19, 2019; to be held at the same church location.

b. Theme: “CoDA Blue Book, a Blueprint for Growth”

c. Chair: Lisa

d. Workshop presenter coordinators: Michelle & Elizabeth

e. Registration: Joyce & Jo Ann

f. Food: Truida - A minimum of 8 volunteers are needed. Truida will write up a schedule of the positions needed for prep, set up & clean up.

g. Workshop Spotters: Lisa will write up a description for spotters to assure workshops & presenters adhere to the CoDA 12 Traditions.

h. Conference flyer: Joyce - Goal is to have flyer ready to disseminate at the November Oakland mini conference. Flyer will be sent to Susanville & Fresno groups. Jo Ann will contact Dayna to obtain a copy of the document used for the conference flyer last year.

New business: None

12 Promises: Kaity

Serenity prayer and closing: 8:00pm